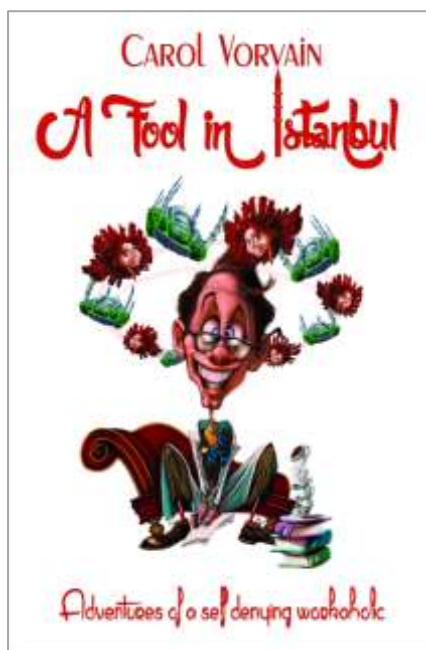


# CAROL VORVAIN

FOR IMMEDIATE RELEASE

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## A FOOL IN INSTANBUL Adventures of a self-denying workaholic



**Don't just survive. Live!**

What happens when the shrink becomes the patient and the patient becomes the shrink?

Can a workaholic get an appetite for something other than work?

Do opposites really attract?

Well, it remains to be seen.

A Fool in Istanbul, follows a workaholic's hilarious journey from the madness of being available 24/7

back to sanity.

Atticus is a “prudish know it all, stiff and stern, not here to burn” psychiatrist, who spends his days – and too many nights – trapped in his big, shiny office. He has no time for a family and his relationships all died in infancy from scheduling problems. Life doesn't happen to him because he doesn't let it happen, afraid it won't happen the only way he wants it to happen: his way.

Until one day...

Mercilessly funny, utterly addictive, smart and witty, Carol Vorvain's latest book is as painfully comic and wryly observed as it gets.

*A fool in Istanbul* is available on [Amazon.com](http://Amazon.com) and at <http://carolvorvain.com>.

**A FOOL IN INSTANBUL**  
**CAROL VORVAIN**  
*Editorial Reviews*

**A wonderful tale of travel and love**

“A wonderful tale of travel and love. A single workaholic male psychiatrist meets a free spirit of a woman in Istanbul. It has Vorvain’s usual combination of travelogue and romance, but what I really enjoyed about this book is that this time it is told from an uptight male perspective. I use romance loosely here. This is not a romance novel with boiling blood, chiselled abs, and chills running up and down the spine. It is a mature description of love between unlikely partners. I love Vorvain’s characters and how new places and experiences enrich their lives. Excellent third novel.”.

*-Henry Le Nav*

**A FOOL IN ISTANBUL  
CAROL VORVAIN**

*Book Facts*

- **Format:** Paperback, Kindle
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- **Language:** English
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- **Dimensions:** 8 x 5.2 x 0.4 inches
- **Shipping Weight:** 9.3 ounces
- **Retail Price:** \$22.00 USD

## *Quotations*

These are a few quotes from the book:

“I know...All my burdens in life come from thinking too much.”

Zoey giggled.

“Curious...Mine all came from thinking too little.”

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“You know what each house should have? A Duty Free space. Like at the airports. Then I might consider moving in with a woman.”

~~~

Never too early for what is already too late.

~~~

“Whenever we think we have the answer, God asks another question.”

~~~

And what if life, rather than being a glamorous stage filled with love and sunshine, was nothing more than a lesson in resilience? Or a universal “Lost and Found”? Lost enthusiasm, Found job; Lost job, Found Freedom; Lost freedom, Found love...

~~~

Zoey giggled: “I dream of rivers of rum bursting their banks of chocolate for a final happy resolution in the middle of a huge pancake.”

~~~

Life doesn't happen to me because I don't let it happen. I'm afraid it won't happen the only way I want it to happen: my way.

~~~

You showed me that while I gained money, security, and confidence, I lost spontaneity, wanderlust, and love - all that makes our heart look forward to the years ahead.

~~~

They say distance makes old friendships fade away. They say with time and distance lovers forget one another. I find it quite the opposite. Distance, time, they all enhance the aroma of every moment two close souls once spent together, they magnify every little shared pleasure.

~~~

And aren't the greatest teachers the ones who never see themselves as teachers? The ones who all their lives see themselves as students, always keeping their mind and heart open? This was Zoey. She was seeing the world through the eyes of a child, always curious, always in search of something new. She wasn't only challenging him with each and every occasion. No, she was challenging herself too.

~~~

Don't accept a life that has been molded for you by others because eventually you'll succumb to its falseness.

~~~

Do you know what we Turks think is the best Turkish delight? The Turkish woman. She is the best Turkish delight.

# CAROL VORVAIN



## *About the Author*

Carol Vorvain is an Australian fiction author who lives in Melbourne, a city famous for having all four seasons in a day.

However, she did not always know that writing books is what will bring her ultimate joy.

As a child, she wanted to be a fairy, playful and helpful, bearing wisdom. But, the position was already taken, like Carol says, by nobody else other than her mother.

So, she moved on and became a lawyer and mediator. But in her heart, she kept hoping for a fairy assistant opening.

And, when her friends encouraged her to write books, she knew this was it: the perfect way that will marry her passion for writing with her desire to bring happiness into others' lives. When she's not writing, Carol can likely be found gardening, biking or cooking a new dish she never tried before: "It's a bit of a trial and error", she admits, "The good thing is I am still alive."

Visit Carol and join the conversation on her lively website: <http://carolvorvain.com>

## Links

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